

Develop a sixth sense **No2**

Know when to kiss her

How often have you seen the perfect opportunity for that first smooch, just as it passes you by? Here's how to prevent missing the moment again

1 Judge her mood

Don't trust the usual body language guff. Hair-twiddling, wrist and neck displays and the like can be highly misleading on their own, according to the boffins at Social Issues Research Centre in Oxford. Pleasant though these protean gestures are, they are more an invitation to show one's hand rather than a sexual green light. "Women in particular make very ambiguous signals," says Dr Harry Witchel, body language expert at Bristol Medical School. "Try to get at least four of these positive signals in rapid succession before going for a kiss."

2 Read when she's flirting

So what are these positive signals, then? Women have 52 "non-verbal solicitation behaviours" to attract men, subconsciously or consciously. "Most women can flirt," says dating expert and author Tracey Cox. "Some favourite signals that



Eyes shut? Good... but missing her mouth entirely? Not so good

she's interested are: tilting her head to the side (to show interest), tucking in her chin (to be sexily coy), pushing her hair behind her ears (for vulnerability) and narrowing her eyes, making them

smoulder. Think girl-next-door meets bad girl."

3 Make the move

Kissing is an invasion of personal space. Don't just lunge or you'll take

her by surprise, and embarrassment and regret will ensue. Quickly testing how welcome you are just inches from her face is the goal and leaning in to speak into her ear works best.

"Personal comfort zones vary," says Witchel. "A safe distance can only be found by moving closer until the person leans away." Luckily, personal space only really extends forward, so going in ear to ear means you can get close without frightening her.

4 Have a back-up plan

Even if it looks like all systems go, the only sure signals of success occur just a heartbeat before your lips lock. So it's wise to perfect a move that can easily convert to complete innocence if you have to "abort mission" at the last moment. For example, lean in whispering "Do you know what...?" before pausing a second. You can still save face, simply by finishing off the sentence. Though hopefully her tongue will be inhibiting speech at that point. **SH**

THE BIG NUMBER 412
The number of different human emotions – but men aren't aware of many of them. According to neuroscientist Dr Simon Baron-Cohen, women are better at reading facial expressions as they're naturally empathetic.

PUB QUIZ

Pint puzzlers from a real pub quizmaster*

- Which golfer became the first British woman in history to earn a million from her sport?
- How many wings does a flea have?
- Which bird is found on the back of a £10 note?
- What was the Beatles' second film?
- What was Captain Mainwaring's occupation in *Dad's Army*?
- Which Irish singer has made records with Clannad and Frank Sinatra?
- Who made the first televised 147 break in snooker in 1982?
- What colour is a giraffe's tongue?
- Who was Jennifer Aniston's famous actor godfather?
- If you are crapulous, what are you full of?

ANSWERS 1 Laura Davies 2 None 3 Hummingbird 4 Help! 5 Bank manager 6 Bono 7 Steve Davis 8 Blue or black 9 Tilly Savillas 10 Alcohol

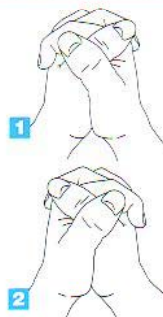


THUMBS UP - OR DOWN

What your hands can reveal about your brain

Clasp your hands together. Which thumb's on top?

1. Right thumb
This suggests the left half of your brain is dominant. Some scientists believe that being left-brain dominant makes you more verbal and analytical.



2. Left thumb
This suggests the right half of your brain is dominant. Some studies theorise that as a right-brain dominant person, you may excel in visual, spatial and intuitive processes and make a better fighter or artist. **SH**